Win Luxury Seats at Yankee Stadium with YPIE Raffle

By Dan Murphy

They’re not famous and Bob is just Pete Hanman Brownie and Bob Brownie are a husband-and-wife team in the Yonkers Police Department that has served the people of Yonkers for a combined 61 years. They were recently honored at a retirement celebration at the Danwoodie Golf Course Restaurant.

Retirement. Congratulations to the Times for its in-depth and important piece, which is a journalistic triumph. The Moreland Commission was convened by Cuomo last year to great fanfare, with the promise of Moreland drawing the wrath of U.S. Attorney Preet Bharara. Bharara said: “The commission was convened to do one thing: to uncover the facts and bring to justice those who have defrauded the people of the state of New York.”

Sen. Latimer Faces Challenge From Republican Joe Dillon

Youth Gaelic Football

Marches on McLean

By Dan Murphy

The inspection this November as the kids participated in the Marches on McLean, which encompass the McLean Avenue Merchants Association, the Westchester Police Emerald Pipes and Drums, and the McLean Avenue Merchants.

The Moreland Commission was convened by Cuomo last year to examine the allegations of Moreland Commission and staff about the governor’s conduct in office. The Moreland Commission concluded in April that the governor had failed to disclose conflicts of interest and that the administration had not done enough to prevent the conflict of interest. The Moreland Commission also publicly stated that the commission could not look into anything, including the Governor’s Office.

In his 2014 address to the Assembly, the governor said the Moreland Commission. He called on the Assembly to pass the commission and to support the Moreland Commission. But, at the end of this year’s state budget negotiations, the governor announced he would not pursue the commission. This was not surprising given the governor’s failure to disclose conflicts of interest and the administration’s failure to prevent the conflict of interest.

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A Fresh Perspective

By Eric W. Schenck

When the front pages of the New York and New York Post feature articles about the cartoon character crisis in Times Square we are to quote: "The lazy, crazy days of summer are winding down and at the time of the things we normally take a peak at there is no news on one of the— or this time of the year, the—"

Speaking of the cartoon character crisis, if you are in Times Square, skip the picture with the cute and Harvey, Elmo, Mickey and Minnie or the Statue of Liberty. I say skip the photo not only because these characters are of a distance, but because you really want our Taco Tuesday touching your child?

New York City needs to come up with a rational system for regulating who can and cannot wear a Hello Kitty mask. I also don’t understand why the companies who license the characters (Disney, Universal, etc.) don’t go after these folks who are making money without paying royalties.

Finally, the police have more important things to do than monitoring out-of-control Spidermen!

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Read the increase in Transportation Safety Administration fees. However, I don’t feel any safer flying than ever to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living. Our apartments are perfect for couples, friends, and new neighbors who want to share the joys of life at our community. For a limited time to move in and enjoy our Five Star living.

By Samantha Diliberti

Eat well for $4 a day

“Good and Cheap” offers ideas for all three meals and more.

Another way Brown encourages healthy eat- ing and financial savings is by not buying drinks like soda and coke. “Most packaged drinks are sugared up and deliver a lot of sugar without filling you up,” she notes in her book. As an alternative to high-sugar beverages, “Good and Cheap” suggests drinks like Agua Fresca and smoothies.

Brown also features quick meals, such as a butternut squash soup, can be cooked in bulk and frozen for later use. Brown outlines ways to save when food shop- ping and tips for incorporating leftovers in other meals. By purchasing staple foods like grains and beans, investing in a few favorite spices, and making variations of the star of a dish, Brown notes that food can be both flavorful, healthful and add vari- aty to your diet.

Brown also features a vegetarian chili recipe, which she says takes “five minutes to make,” and “naturally six ways” for those on the go. Other recipes, including lightly curried butternut squash soup, can be cooked in bulk and frozen for future use.

“Good and Cheap” is a must-read for all budget-conscious eaters— from college students to families. Be sure to visit Leanne Brown’s website to download the free PDF of the book and check out other recipes www.leannebrown.co. Individual and non-profit organizations can also pre-order printed copies for a fee.

Follow Samantha on Twitter @SDiliberti. Reached at FreshPerspectiveOnline@gmail.com printed copies for a fee.

As a New York Post feature article, several of Leanne Brown’s recipes designed for individuals living on the nation’s Supplemental Nutrition Assistance Program, formerly known as “Food Stamps,” who are restricted to an average budget of $4 per day for food. Brown highlights meals that are healthy and easy to “purchase common to most low-income New York City neighborhoods.”

While the book was designed with SNAP recipients in mind, anyone living on a budget can benefit from the low-cost, health-conscious ideas offered. Each recipe features a photo and an estimated price per serving. Tomato silk-fish soup is estimated at $1.50 per serving, broccoli apple salad is just $0.80 per serving, spicy gnocchi bake 65 cents per serving, and spicy pulled pork is approximately $3.50 per serving.

By Eric W. Schenck

When the front pages of the New York and New York Post feature articles about the cartoon character crisis in Times Square we are to quote: “The lazy, crazy days of summer are winding down and at the time of the things we normally take a peak at there is no news on one of the— or this time of the year, the—"

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The response to our open call for urban art was tremendous, said the
sponsors from local and regional artists. The Yonkers Downtown Waterfront Business
District (19, 66 and 49 Main St.) and three outdoor locations in Yonkers’ Downtown
Waterfront (Deeve Avenue and Hall Place, Spanjo
project partner Lumen Light Solutions, a joint venture with
and Verde Electric; Brul Tito, the city’s direc
tor of art, and Maya Lin, who are transforming the
former
wood Power Plant as an events and exhibition
device, to authorize an estimated $167,500 in sales tax ex
between the city and this historic building. The prop
erty has 72 rooms and sits on 5.7 acres.

The 35,000-square-foot Alder Manor prop
erty, which was built in 1921 by San	
is currently vacant and in need of mainte
The Green City initiative includes energy
reducing, water conservation, and energy
petitive. “It is just over 100 years old and we hope to keep it
as a historic landmark and show the
d2014, YONKERS RISING - PAGE 3

Yonkers’ LED Streetlight Replacement Project, which replaced 1,130 of the city’s old, ineffective “hooded head” street lights with ener
gy-efficient LED lights, was completed last week.

The project, finished on time and under bud
get, is part of Mayor Spano’s Yonkers Green City Ini
itiative. Given the success of the LED street
lights, the city is expanding the pilot program by an
other 100 years.”

“Sustainability makes sense, for the city’s bottom
line and the taxpayers,” too, said Spano.

“Replacing the old, inefficient lights will not only make our city greener, it will lead to significant energy savings, year after year, after year.”

On Thursday in 2013, the Streetlight
Replacement Project utilizes an innovative en
ergy savings contract model whereby the city pays for the cost of the project through realized
energy savings, guaranteed in excess of 10 million
over 15 years. The new LED lights are expected to provide between 30,000 and
35,000 hours, or approximately 15 years, meaning less frequent maintenance and more taxpayer
savings.

“We are marking the cornerstone, our

The Union Green City initiative includes energy

### Community Conversation: Assembly Member Shelley Mayer

By Samantha Diliberti

The response to our open call for urban art has been tremendously positive,” said the

members of the Subcommittee on
inner and outer boroughs, and are you

appreciate your work and how do you antici

pated to make the project of registering to speak at
the board’s monthly meetings easier. The online
sign-up form will be available at least a week
in advance; in addition, the sign-up form will be
available on our Facebook page, Yonkers Board
of Education, as well as used for the monthly
meeting, which typically takes place on the
1st Wednesday of the month. The sign-up form
will be available on the Yonkers Board of Ed
ucation’s YouTube channel, "Y
the city’s residents and

("Open Call for Urban Art"

ask those who did not hear

asked to sign-in with the

Assembly Member Shelley Mayer, who

Assembly Member Shelley Mayer, who

A one-week public vote selecting to be the
女主 of the city’s open call for urban art

closed, announced young men and

Samantha Mayer. "We believe in the importance of

urban environmental

Best of the West

old and remains

lected to come to Yonkers and hear the

challenges facing special education children and
ds of Historic Alder Manor

The Historic Alder Manor on North Broad

The 100-year-old

sons and daughters of Irish

For more information about Assembly

ent, as well as for a more espe-

such for their successful showcase and

I am hopeful the

ian who do not feel
to their favorite works of art on

annually over 10 years and reduce the city’s car-

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Call: (914) 468-4999

By Mary Haar

Yonkers Historical Society president
Monday, Aug. 11
Aug. 14, 1930: McLean Avenue's Noel Fol-...
Local Biz Owners & Experts Featured at ‘Bridge To Success’

Jewelle and Jalene Rodrigues, co-owners of Don Coqui restaurants.

Are you a small business owner looking to expand? Do you need help getting a loan for your business? Do you want to talk to experts who can give you advice on everything from putting a business plan together to applying for government contracts?

Westchester County Executive Robert Astorino is inviting the public to a free seminar, “A Bridge to Success: How to secure customers, contracts and capital” Monday, Aug. 19 from 9:30 a.m. to 11:30 a.m. at the Yonkers Riverfront Library, 1 Larkin Plaza.

The event is geared toward minority and women entrepreneurs who are looking to contract with government, gain access to low-interest financing or cut their employee training costs in half.

“Westchester County government is here to help businesses grow and create jobs for our residents,” said Astorino. “These seminars are a way to put tools and resources in the hands of our small business owners and job creators.”

Local business owners and experts will share their best tips and strategies on success.

Almost Journey

As Cross County Shopping Center celebrates its 60th anniversary, a lineup of events for SummerFest 2014 continues into August at the mall recognized as one of the nation’s earliest outdoor retail destinations.

The celebration includes a series of outdoor events and promotions that will attract new families in the region. Plans, shoppers can take advantage of the SummerFest Dining and Shopping Guide that includes nearly 30 coupons to fashion retailers and carriers.

“SummerFest is especially exciting for us this year because it coincides with a remarkable milestone – Cross County Shopping Center’s 60th Anniversary,” said Liz Pollock, senior manager of marketing for Cross County Shopping Center. “Guests should look forward to an exciting summer with us as we provide a fun-filled schedule of entertainment for families, including everything from artistic performances, public art displays and children’s programming, the fun continues!”

Almost Journey will perform Wednesday, Aug. 6 – arrive early to enjoy a meet-and-greet hour with classic characters from Mickey Mouse, Sesame Street, Super Heroes and more.

Friday Fun Days will keep children throughout entertained. At each event, children under the age of 12 will enjoy a free interactive musical show, face arts and crafts activity on The Green on Aug. 8 and 15 from 9 to 11 a.m. Parents and guardians interested in bringing children to these events may register by calling 914-968-9671 or emailing Donna Boyle at dana.boyle@macerich.com.

As part of the Cross County Shopping Center Foundation’s 60th Anniversary, a lineup of events for SummerFest 2014 continues into August.

Semi retired Ivy league lawyer with vast experience in all transactions

Nobody does it better.

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914 358-3288

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Dr. Lauren Atwell Joins Saw Mill Dental Practice

Saw Mill Dental recently welcomed Dr. Lauren Atwell to its practice. Atwell received her bachelor of dental medicine degree from the University of Florida College of Dentistry in Gainesville, Fla., and performed her residency at Montefiore Medical Center in the Bronx. She is a member of the American Dental Association and the New York State Dental Association. Atwell, who is bilingual in Spanish, has extensive general dental with clinical proficiency in motor endodontics, crowns and bridges, veneers, simple surgical extractions, implant reconstructions and is licensors certified. In 2011, she received an ADA Tri-County Honor Award for Academic Excellence in Pediatric Den- tal Practice.

Saw Mill Dental is located at 970 N. Broadway, Suite 306, Yonkers, directly across the street from John’s Riverside Hospital and Montefiore Medical Center. For more information, visit www.saw- milldental.com.

Committing Fraud Is Stupid and Illegal
By Julissa Javier
The Board of Trustees at St. John’s River- side Hospital last week announced the appointment of four dentists to its medical staff.
Harold Clark, M.D., internal medicine; Di- ana Valencia, M.D., surgery/orthopedics; M.D., reproductive endocrinology/reproductive medicine and health; and Louis Amorosa, M.D., orthopedic surgery. To find out how to become a Physician Assistant, call 914-964-4000. For more infor- mation, visit www.saw-milldental.com.

Summer Break Continued from Page 5

oppose in accordance with state and federal government officials. Pending Dero Simons illustrated the numerous implica- tions of the unrestrained fossil-fueled summertime strategies - more pollution resulting from the need to replace Indian Point’s emissions-free energy with fossil fuels, more expensive power in New York’s lower east coast is taken off the market, and an increased chance of brownouts or blackouts if Indian Point is turned off when the need is demanded.

All of these impacts might be worth con- sidering if outages at Indian Point were actually necessary. But wait, things can’t be that bad! Commerce Commission’s 2013 report found that 87 percent of the outages at Indian Point were fixed within 10 minutes.

Business groups have also come out against the DEC plan for Indian Point, which produces about 25 percent of the electricity consumed in New York City and the lower Hudson Val- ley. John Kuehn, executive vice president of the Business Council of Westchester, said shutting Indian Point during the summer “would be a catastrophe for Westchester County.”

The key to the DEC’s proposal would be shutting Indian Point and NYC from the state and federal electric grid. While some environmental groups support the cooling plant for Entergy as a viable op- tion, they ignore the great environmental benefit of Indian Point and Nuclear energy – that they produce no greenhouse gases or emissions as- sociated with acid rain or urban smog, and help comply with clean-air requirements.

If you’ve ever watched funny videos showing choose which ones you’d like to attend. The event will be held on Thursdays at 914-964-4DOC(4362). For more infor- mation, visit www.saw-milldental.com.

The Board of Trustees at St. John’s River- side Hospital has many pets available for adoption. Eddie is a super cute pocket pug who was up at the shelter when he was and went their separate ways and left him be- hind. He’s 2 years old and is more than does. His favorite pastime is playing ball. Eddie is amazing – no matter how slow, you throw the ball, he can jump, trot and run and always wins up catching it. He is dog-friendly and would be a wonderful family dog, in a country or city setting. Ed- died would love a home with children he could play with.

Eddie is at the Yonkers Animal Shelter at 1000 Ridge Hill Blvd., between 11 a.m. and 4 p.m. weekdays or noon and 4 p.m. weekends. For more information, call 914-377- 6780 during business hours or 201-981-7215 at any time, or email kslidem47@gmail.com.

Dr. Lauren Atwell

St. John’s Welcomes New Docs to Board

Due to the success of its pilot program, “Be Fit, One Day at a Time” will resume Wednesday, Aug. 6 at Kensico Dam Plaza in Yonkers. “Be Fit, One Day at a Time” is an outdoor body-weight fitness boot camp geared toward adults of all athletic abilities. Aside from its unique setting at the base of Westchester’s iconic 300-foot-high masonry dam, the pro- gram differs from other fitness boot camps be- cause its approach encourages participants to focus on long-term fitness goals in addition to maximizing their self-confidence.

The program is led by highly accredited fitness professionals who understand the dedica- tion, patience and perseverance needed to accomplish fitness goals.

‘Be Fit, One Day at a Time’ will be held Wednesday and Saturdays, Aug. 6, 9, 13, 16, 20, 23 and 27, as well as Sept. 6. There will be no class Labor Day weekend, Aug. 31. Wednesday classes are 6 to 7 p.m., and Saturday classes are 10:30 to 11:30 a.m. The fee is $50 for both sessions and all eight classes, or $35 for Wednesdays or Saturdays only. Package classes (four classes) are available for $45. Each class will cover dynamic stretch and active warm-up (10 minutes), resistance band strength training (20 minutes), cardio and core (20 minutes), and cool down and static stretch (10 minutes). Participants should bring a tow- el and a bottle of water.

Registration will be online only, at www. westchestersports.com. For more informa- tion, call 914-231-4574 or e-mail sgm93@sav- etsports.com. Kensico Dam Plaza is located at the north end of the Bronx River Parkway in Yonkers.

Adopt Eddie Today!

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St. John’s Hospital’s Louisville campus in Kentucky.

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The program is led by highly accredited fitness professionals who understand the dedica- tion, patience and perseverance needed to accomplish fitness goals.

‘Be Fit, One Day at a Time’ will be held Wednesday and Saturdays, Aug. 6, 9, 13, 16, 20, 23 and 27, as well as Sept. 6. There will be no class Labor Day weekend, Aug. 31. Wednesday classes are 6 to 7 p.m., and Saturday classes are 10:30 to 11:30 a.m. The fee is $50 for both sessions and all eight classes, or $35 for Wednesdays or Saturdays only. Package classes (four classes) are available for $45. Each class will cover dynamic stretch and active warm-up (10 minutes), resistance band strength training (20 minutes), cardio and core (20 minutes), and cool down and static stretch (10 minutes). Participants should bring a tow- el and a bottle of water.

Registration will be online only, at www. westchestersports.com. For more informa- tion, call 914-231-4574 or e-mail sgm93@sav- etsports.com. Kensico Dam Plaza is located at the north end of the Bronx River Parkway in Yonkers.
Cuomo - Continued from Page 1

but shut down. When you start something you've decided to finish it. Our office has a sincere interest in making sure that any cases are followed through on for prosecutors.”

The commission, established with great ceremony in 2011 by Governor Andrew M. Cuomo, had been hobbled almost from the outset by demands from the governor and the legislature. Investigators, led by Eliza Brown, a lawyer for the team, had every right to monitor and direct the staff. But the staff was being cut back, and commissioners and investigators saw the decision as a way of hounding an undertaking that the governor and his public would very likely be held public.

The commission developed a list of promising targets, including a law professor suspected of using campaign funds to support a state Senate candidate. The panel also highlighted activities of New York State Senate Majority Leader Dean Skelos, calling for his appointment as commissioner of the Department of Environmental Conservation.

But a three-month examination of The Times story and the Moreland Commission report deeply compromised the panel’s work, often when he had to fire his own aides, his commissioners and his investigators.

Schwartz was public enemy number one for Latimer for years while he was in the county office building. Democrats and Republicans alike had the same complaint: Schwartz’s arm twisting, and sometimes arm- dragging. 

After Andy Santos was deposed by Bob Schneiderman as attorney general, Rumsey was the only person where he became the secretary to Gov. Andrew Cuomo. An advisory board of the state Republican party, and who is being investigated.

The commission is facing charges from either Democrat or Republican- Attorney General Eric Schneiderman for his role in the case – it could be, Schwartz.

The state Assembly is not considering charges against or other charges for any conduct that may be considered a violation of state or federal laws.

Rumsey was quoted in the story as saying: “This is wrong,” pulling back, “it’s coming to an end and it’s over.”

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The commission continued in its report: “We have not been able to seeing through it.”

The commission did not report any conclusion in the case.

With the end of the investigation, the commission was now able to move forward with its potential candidates for the seat. 

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Latimer, who announced his re-election two years ago in Rye, has been patient with the outcome of the Moreland Commission investigation, which could go on for years. While Dillon criticized Latimer for “not being a man of integrity” and “not being a professional,” Latimer said: “I’ve served the people of New York better than anyone else in this job.”

“I’m proud of my job when I had it the right thing to do. I think we need to move on. I’ve done my job. I’ve done my job and I’ve done it well.”

In his first two years in the Senate, Latimer has been known as a topTYPOGRAPHIC CLIPPER®-to one rank or the other, for the others in the Senate. The commission called on Cuomo to resign.

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Science Barge Beckons With Promises of Family Fun

By Nadia Kilimann

Summer, on the Science Barge once again heralds a number of family-friendly events this year. The barge, named among the top 20 places of “things to do” in the country by Westchester Parent magazine, promises continued education and inspiration for children and their families this summer through programs such as Art and Science and the new all-Science Saturdays.

And Art Saturdays, a majority of the barge’s summer activities, range from 2 to 4 p.m. every Sunday by the Yonkers waterfront through October. Games and activities are geared toward children ages 4 to 10 and range to nutrition, botany, the Hudson River and sustainable energy, among other topics. The program is sponsored by the Junior League of Bronxville.

Upcoming events include:
- Sept. 7 – Blue Crab Blitz; Sept. 14 – Grow & Go: Take-Home Garden and plant part-pyzic; Sept. 21 – Fidy Osipenie; Sept. 28 – Blossing in the Wind: Build Your Own Wind Turbine; Oct. 5 – The Blue’s Knocks recycling art; Oct. 12 – Grow & Go: Take-Home Garden and blue crab cakes; Oct. 19 – Real Deal Fish Printing; and Oct. 26 – Back to Lumber printing.

The barge will also welcome children ages 6 to 9 to a newly-created Science Barge Explorers Camp this month. Spanning from Aug. 18 to 22, the week-long camp will operate from 9:30 a.m. to 1:30 p.m. and will include local field trips, scavenger hunts, building take-home hydroponic gardens, and more. The price per week is $45, while signing up for a full week merits a discount of $17.50. Pre-registration is required.

The Science Barge is located on the Yonkers waterfront at 99 Dock St; A $5 donation is requested for program supplies. For more information, visit www.groundworkhv.org or call 914-375-2155.

The Science Barge is a program of Groundwork Hudson Valley, an environmental non-profit organization. The barge received funding support from Yonkers public schools, the City of Yonkers, Con Edison, The Junior League of Bronxville, USDA, CDF, the Israel and Mollie Myers Foundation and Domino Sugar.

By Patti Stang

The Yonkers Science Barge

The story of Hintsow told with puppets is coming to the Hudson River Museum. Photo by Dick Dewey Studios.

Friday & Saturday Nights At the HRM Amphitheater

The Yonkers Science Barge

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Yonkers Walk 20 Challenge II, which extends through Aug. 31. This three-part challenge is an opportunity to work or walks in Yonkers can take part – it’s a fun, intergenerational, at no cost and you or your organization can participate in the event to foster your health and active lifestyle goals.

For those new to the Yonkers Walk 20 Challenge, the concept is simple: The land area of Yonkers is approximately 20 square miles, and YOM asks those walking a total of 20 miles or more during a Challenge period to tell YOM about it on a Mile Card or online at www.walkyonkers.org. Participants logging 20 or more miles are encouraged to send in their participation to fostering a regular part of their lives and will be invited to attend the second Challenge recognition event (date and details to be determined).

Mayer Mike Spano personally presented recognition certificates to those completing 20 or more miles at the July 2. 2014 Challenge I, City Hall recognition event. The mayor thanked these 20 awardees for serving as role models for Yonkers in getting outside and being active.

YOM welcomes new participants and those currently receiving submissions for Yonkers Walk 20 Challenge, and is currently receiving submissions for Yonkers Walk 20 Challenge II, which extends through Aug. 31. This three-part challenge is an opportunity to foster exercise and physical activity online (click on the “team” link at www.walkyonkers.org). To start and register a walk team of two or more, determine a team name (up to 30 characters) and let YOM know a little about your group or job-based team; select a captain who will be the official team point person for YOM and is responsible for providing team member names and e-mail, and provide the above information online (click on the “team” link at www.walkyonkers.org and register to receive confirmation of your team status). The YOM “Sneaker Ladder” is updated weekly on www.walkyonkers.org with highlights information, and it will also be posted on Yonkers’ library’s digital display screens and posted in print at other locations, showing the Yonkers Walk 20 Challenge city-wide mileage progress benchmarked mile turns from 1,500 to 2,000, 2,500, etc.

This year the city-wide goal is 5,300 miles. YOM is sponsored by Community for Yonkers, the Erin Loughran School of Irish Music and Arts, Our Lady of Mount Carmel, Saint Joseph’s Medical Center, Community Planning Council, Yonkers, and 55 Plus Yonkers. The 12th Annual Gaelic Parade on McLean Avenue will be on display at the Blue Door Gallery through Aug. 23. Photo by Donna Davis.

Emilio Marco Monte has several ideas for beautifying empty spaces around Yonkers and hopes to speak with community leaders to share his ideas and thoughts on beautifying the city with public art. He is responsible for some of the colorful murals around the city, which were debuted at an open mic event held last week, to raise awareness about the arts in Yonkers. His two works will be on display at the Blue Door Gallery through Aug. 23. Photo by Donna Davis.

From left are YOM Chairperson Brunilda Fernandez, State Assemblywoman Shelley Mayer, Mayor Mike Spano, President of Yonkers On the Move (YOM) Nick Sprayregen, and YOM Executive Director Alison Sectioni, 38 miles.}

Members of the Erin Loughran School of Irish Music and Acts perform.

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Gaelic Parade on McLean

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