In collaboration with the New York Council for the Humanities, the Yonkers Historical Society will present the lecture “Joyful Traditions: Dutch Santa” by Peter Rose on Saturday, Nov. 17 at 1 p.m. at the Grinton Will Library, 1500 Central Park Ave., Yonkers.

This lecture is free and open to the general public. This event is made possible through the generosity of the Yonkers Teachers Association and Groundswell Hudson Valley.

For more information, contact the Yonkers Exchange Club at (914) 375-2151, or stop by 22 Main St., Yonkers.

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The Exchange Club of Yonkers recently held its annual “One Nation Under God” dinner at the Old Stone House. The year’s honorees were Lorraine Palais and Irwin “Silky” Silverman.

“We are very proud to be honoring two outstanding individuals,” said Ann Muro, Exchange Club President. “Both Lorraine and Irwin have devoted their lives to God and country and both don’t know how to say ‘no’ when asked to help,” said Muro.

Lorraine was honored for her 50 years of community service in Yonkers. Born in Brooklyn, she moved to the Palais in 1952 and the two moved to Yonkers in 1961 where they raised their four children. Lorraine is a grandmother to five.

Lorraine has been active in many community, civic, educational, religious and veterans organizations for more than 50 years. In 2013, she was past president of the School 21 Parent-Teacher Association, where she received the prestigious Jenkins Award and has served as past president of Mark Twain Middle School PTA, and a former vice-president of良心 High School PTA. Lorraine has also served as a volunteer for the Exchange Club.

Irwin “Silky” Silverman is a former Yonkers City Council member, and served as a Yonkers City Commissioner. He and his wife raised four children, and Irwin has been active in several community organizations, including community centers, religious organizations, museums and historical societies, and libraries.

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The City Council Majority Chairwoman Symra Brandon two months to find a Democratic candidate to run in the 2013 City Council race, citing his desire to spend more time with his family. That left Yonkers Democratic Party Chairwoman Symra Brandon with the task of finding a Democratic candidate to run in the 2013 City Council race.

By Dan Murphy

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Gorton High School 11th-grade student Kiara Ray, who is legally blind, is embracing her disability as a challenge rather than a limitation and making her stage debut at Harlem’s Dempsey Theater in the musical production, “We Are!”

“Being on stage with the cast that I’m with, there’s just so much talent in that one place, and it’s a really great experience,” she said.

Kiara was born with Albinism, a defect in melanin production during the early stages of development, causing little or no color pigment in the skin, hair and eyes. Because of her Albinism, Kiara is legally blind — with functional vision. Despite challenges the impairment has caused, she remains focused on achieving her goals.

“Kiara is extremely talented with a strong spirit. Her visual disability hasn’t deterred her from following her dreams,” said teacher Marlene Spetrillo.

“With grace and confidence, Kiara embraces life, overcomes obstacles and achieves impressive results,” added Principal Gail Joyner-White.

With a passion for the stage, Kiara auditioned for “We Are!” — a new musical produced by Harlem’s Gospel for Teens program, and earned a coveted role. During the performance, young actors narrate real-life stories depicting the struggles teens experience in everyday life while the teen gospel choir showcases the healing power of music. Kiara personifies her own journey, playing the role of Delilah Jean, a teen with Albinism.

“The character that I’m playing has an attitude toward Albinism,” explained Kiara. “She’s very defensive and I can relate to that. When you have Albinism, you have something else to set you apart on top of what kids are going to pick on you for. It’s refreshing to have an outlet and also just to get the message across about Albinism because a lot of people haven’t heard about it.”

The aspiring performer believes the production’s powerful message should resonate with a broad audience.

“The whole thing of the musical is that we’re trying to get rid of our burdens and express ourselves through song,” said Kiara. “That no matter what’s going on with your life, like whatever struggles you’re going through…find that one thing that you can be set free by and learn to love yourself, which I think everyone can take from the musical.”

“We Are!” runs through Saturday, Nov. 23 at The Dempsey Theater, 127 West 127th St., New York. For more information, visit www.mamafoundation.org.
Everyone in New Jersey loves shopping malls; it is part of the culture of living in the "Garden State." So many of us will visit malls in the week leading up to the holidays. What should you do if a would-be gunman enters the mall you are shopping in? After the Kentucky resource center, which would have thought it would happen at your home?

After school with some security folks, I’ve learned their advice is to tell those running the store you are shopping in to close the gate to the store from the mall. Through the back of the store you often can reach a tunnel or walk way that leads to the outside. Make sure you have 9-1-1 and tell the authorities where you are.

Nothing is perfect, so go with your gut. I would but that a lot of security training is going on in malls all over the country after recent events.

Be safe this holiday season, my friends!

Eric W. Schoen

Mall Security

When we were shopping in to close the gate, an armed security guard entered the mall. We were visiting from out of state and not familiar with the mall. We were not alarmed, we are real people, we live in malls.

Let’s wrap up the elections with Frank Sinatra’s song: "These are a few of my favorite things. Coffee, apples, bidets. The sound of silence..." to the holidays. What should we do with the "Garden State."

Welcome to one of the more dangerous seasons of the year for teens.

First Tree Lighting Kicks Off the Holiday Season

Stew Leonard’s is the region’s finest destination for shopping, dining and holiday fun. Kick off the holiday season Saturday, Nov. 16 with festivities at Westchester’s Ridge Hill, the region’s finest destination for shopping and holiday fun. The annual tree-lighting event will include festive entertainment and is town in Square, 1 Ridge Hill Blvd, Yonkers, Santa and Mrs. Claus will provide you with the lighting of the tree Saturday evening, accompanied by Yonkers Mayor Mike Spano. Join Brie Tuscani Grille for pictures with Santa following the event, from 6 to 7 p.m.

Mrs. Claus will also be shopping at Ridge Hill every Saturday throughout the holiday season, sharing her gift-giving tips and hottest fashion ideas with shoppers on-air, as well as through her social media takeover.

Welcome to one of the more dangerous seasons of the year for teens.

Eric W. Schoen

The Ridge Hill tree will be lit this weekend.

This, Too, is Yonkers, Westchester and Beyond

This story was excerpted from Eric W. Schoen’s "This, Too, is Yonkers: From the County to the Classroom.” By Eric W. Schoen

In this column, Eric W. Schoen focuses on the school board and school district in Yonkers, New York. Schoen is a former Yonkers school board member and is currently a member of the Ridge Hill Town Square.

Stop and Frisk in New York City has been a controversial issue. Since the 2014 Supreme Court decision, more than 2,000 police officers have been disciplined for engaging in illegal stops and searches.

The holiday event also features the Espresso Rooms, Tasty’s Sandwich Shop and more. For more information, go to www.yorktimespaper.com.

Jill Waterman’s Christmas at the Courtship of the Festival of Lights, kids can enjoy jelly doughnuts while building their own menorahs with paint sticks—and helping to construct a large community menorah with PVC piping, a project led by experts from Home Depot. At 3 p.m., activities and building will begin at 5 p.m., and at 5:30 p.m., the completed community menorah will be lit.

Stew Leonard’s Yonkers to Hold Menorah-Lighting Ceremony

Stew Leonard’s Yonkers store invites the Westchester community to celebrate Hanukkah at its annual Menorah lighting celebration Tuesday, Dec. 3 at 5:30 p.m. at One Stew Leonard Drive.

The celebration begins with Rabbi Jeffrey Brown and Cantor Chain Becker of Scarsdale Synagogue-Temple Tremont and Emunah to lead traditional Hanukkah songs, followed by the lighting of a 21-foot menorah. Following the lighting ceremony, all are invited up to the conference room for potato pancakes (doughnuts and apple sauce, jelly donuts, hot cocoa and more.

Stew Leonard’s is a family-owned and operated fresh food store with locations in Norwalk, Danbury, Bridgeport, Middletown and more. For more information, visit www.stewleonards.com or www.stewleonards.com, or call 914-375-4700.

It’s Thanksgiving time. A time to celebrate, and a time to have the conversation with your teen about staying safe this season and all year round. With college students home for the holidays, please remember to drink and use drugs can be stronger than ever. Power to the Parent empowers Westchester parents. Learn the facts, strategies and information to help your teens.

PowerToTheParent.org

FRIDAY, NOVEMBER 15, 2013 - YONKERS RISING - PAGE 3

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PowerToTheParent.org
Inaugural Student Government Holds Early Spring Concert
By Bo Conlin
Early College High School hosted the inaugural inter-school district student government meeting last week, allowing students from schools in one district-wide council to interact. Elective representatives from each high school’s grade were present.

The event was hosted by Public School Superintendent Bernard Patrusova, Mayor Mike Spinoso and Board of Education President Ray Berchtold on the new “Spring” program they are thinking of incorporating into the VPS system this year. They also discussed the details of the upcoming spring concert.

The Spring concert creates a private-public Music Club Hosts Piano Duo
The Chiming Music Club will present its inter-school regularly-acclaimed, private-piano duo performance that is being held on Monday, May 23 at 7 p.m. at the Garden Club of Yonkers High School. The concert will last about one hour without intermission, and will include music by Bach and Beethoven.

Community Council to Meet
The Third Premier Village Community Council will hold its next regular monthly meeting Monday, Nov. 19 at 7:30 p.m. at the Pace Academy, 201 Long Ridge Road, Eastchester.

Vin Court Visitors Cited for ‘Swarm’ Saw Mill River Site
Groundwork Hudson’s Saw Mill River Coalition and 15 partners are hosting an event to recruit more than 1000 local vine cutters from regional groups in the lower Hudson region, as well as volunteers who want to help eliminate non-native vines that we call a “very serious problem area and really make a visible difference.”

The purpose is to lack off-the-vine cutting of invasive vine species by helping the local groups who come together to attack one big vine problem area and really make a visible difference.

The vine species to be targeted include Boston ivy and the invasive vine “swarm” together tackle big problem areas that have been identified in different service areas and, in general, raise awareness of invasive vines.

To register for the event for the first time ever, or renew your membership, visit www.sawmillriverparkway.org.

Saw Mill River Parkway: park-and-parking is held in L.D. “Daisy” Place Park Boat launch and parking along the South County Trailway.

Bring your own loppers, clippers and gloves. Boro staff will have some equipment available. Wear sturdy shoes, and bring your own sun screen and water. Call Carol Willen at 914-631-4219 or 914-965-5232 for more information.

For more information, visit www.sawmillriverparkway.org.

Citizen Soldier from Yonkers Extends Service to State & Nation
Sgt. Frank Alfano of Yonkers has re-enlisted to continue service with the Company C, 110 Signal Battalion, stationed in Upstate New York. Camp Humphreys, South Korea and the Federal Reserve Bank in Yonkers are the major points of interest.

For more information about the New York Army National Guard, visit www.navgov.org or call 914-858-1383.

Nonprofit Westchester Growth Announces Newest Members
Nonprofit Westchester, an advocacy organization that represents 97 nonprofits in the county, announced the following member agencies:

- Movin’ on Wheels of White Plains
- Fine Arts Ornithological Society of Yonkers, Inc., the League of Women Voters of Yonkers: Today’s Students Tomorrow’s Teachers, the Westchester School for Special Children

“We are pleased to see NWP memberships continue to grow,” said Joan Horan, president and CEO of Nonprofit Westchester. “Nonprofits in the county see how beneficial it is to join an organization that helps advance their mission and shed light on things that matter most to your members and their services.”

In addition to delivering meals to those in the community who are unable to shop for or prepare food, Movin’ on Wheels of White Plains is a nonprofit organization made up of volunteers that provide companionship to those who are homebound.

The Fine Arts Ornithological Society of Yonkers, sponsors to “Yorks Philharmonic and is currently celebrating its 31st anniversary. FOAS is dedicated to the protection of birds and other wildlife. The FOAS proudly offers its members a full spectrum of events and opportunities for the enjoyment of nature.

The League of Women Voters of Westche ter County is a non-partisan organization that promotes informed-citizen participation in government, works to increase understands of major public policy issues, and influences public policy through education and advocacy.

With a vision to address teacher shortages and increasing the number of culturally-diverse educators and other professionals, Today’s Students Tomorrow’s Teachers, a nonprofit that trains and mentors culturally-diverse and economically-disadvantaged educators.

For more information about Nonprofit Westchester, visit www.nonprofitwestchester.org or call 914-362-6677.

Local Residents’ Pots to Help Families Around the Globe
Operation Christmas Child is a project of Samaritan’s Purse, an international Christian relief and ongoing mission organization founded by Franklin Graham. Since 1993, it has delivered shoebox gifts to needy children around the world. Yonkers families are stepping up on school supplies for Operation Christmas Child. This year’s annual project in which volunteers pack shoebox gifts will be held on Saturday, Nov. 9 from 10 a.m. to 2 p.m. at the Sage Mill River, Mill River Parkway. Check-in and parking will be available.

For more information, visit www.samaritanspurse.org.

For many poverty-stricken children, often a lack of basic supplies is what stands between them and attending school. Six Yonkers families are stepping up on school supplies for Operation Christmas Child. This year’s annual project in which volunteers pack shoebox gifts will be held on Saturday, Nov. 9 from 10 a.m. to 2 p.m. at the Sage Mill River, Mill River Parkway. Check-in and parking will be available.

For more information, visit www.samaritanspurse.org.

Fibromyalgia Sufferers Wanted
For those suffering from fibromyalgia, a painful condition characterized by widespread pain, fatigue and muscle stiffness, the Yonkers Philharmonic Orchestra is seeking fibromyalgia sufferers for a new for-profit and government sectors.

For more information about Nonprofit Westchester, visit www.nonprofitwestchester.org or call 914-362-6677.

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A Yonkers Missing Child DNA Program has been created to offer parents free Child DNA Identification Kits to assist police with solving cases of missing children. By Iry Reeves

Missing Child DNA Program Launched in Yonkers

In the mayor’s calling for the establishment of a statewide DNA database for the purpose of identifying the unknown number of missing children that have been recorded in New York State, one of the critical factors in missing person’s investigation, particularly when it involves children, is the identification of a DNA sample for use. DNA is stored and maintains a DNA database for criminal investigations, to be used for identification purposes, a DNA database for missing persons has not been established.

“Missing child identification program was held Nov. 9 at Stew Leonard’s anyone who missed the event can pick up a kit at the Yonkers Police Community Affairs Division, 36 Radford St.

Missing Children’s DNA Program

The good news is that solutions to our challenges are within our grasp. We all know some of our elected officials are our future, are being left with a mess! What have we invested our time and energy, our taxes, your taxes, the community’s taxes for, except to vote for me, that I “stood for nothing,” tell me in front of others on Main Street during the campaign confused as to whether they could as-

Excuse Me, But What Just Happened?

“I believe that jobs and education are the infrastructure, and give us the economic muscle that make up the majority of our national economy for America would benefit our group of humans and other dogs, but she is not a mix. She is very friendly and likes the company of people. She is not good with cats.

Finally, I believe for the good of this country, that our future leaders need more women in politics; perhaps not the same women who are intelligent and free thinkers, but a real woman, one of us, who is well educated and successful.

In the critical factor of missing person’s investigation, particularly when it involves children, is the identification of a DNA sample for use. DNA is stored and maintains a DNA database for criminal investigations, to be used for identification purposes, a DNA database for missing persons has not been established.

One of the many steps available for adoption at the Yonkers Animal Shelter

The Yonkers Animal Shelter has many pets that need homes. The shelter is at 36 Radford St. Ollie is an adorable puppy about one month old. He is well socialized and has been at the shelter for a few weeks and is obviously missing his dog friends. He probably will be only about 25 pounds when she is full grown.

Dog of the Month

I look forward to your help.

Missing Child DNA Program

By Iry Reeves

Excuse Me, But What Just Happened?

Iry Reeves

Possible DNA of the Month

I look forward to your help.
While baseball fans across the nation (and those who play the game) have just enjoyed the 109th World Series, baseball fans watch the games on their televisions just as they are in person, and there are even ways to watch baseball through social media. Did you also know more people watch baseball Brett Favre’s Favme page and love baseball. Applying online to win the Golden Ticket and the Whistle-Stop Train is one way to win. But just how many people are involved in it? Imagine your favorite fall-sustained ball game and the excitement it brings to those who watch it. When you are up to bat for retirement, join the millions who have applied the easy way. Visit www.socialsecurity.gov/pgm/retirement.

To Highlight Early Detection
Focus on Early Detection and Improved Survivorship is partnered with the Langone Foundation, an advocacy organization focused on finding a cure for pancreatic cancer. Research related to the diagnosis, treatment, care and prevention of this disease is a priority. Tap into brief presentations from several medical experts, including Dr. Charles Noyer of Larchmont, gastroenterologist at White Plains Hospital and Dr. Joshua Raff of Scarsdale, chief of hematology/oncology at White Plains Hospital, as well as specialists in radiology, pathology, genomics, lymphology and radiation oncology.

Pancreatic cancer is widely considered to be the most deadly cancer and one of the most unpreventable. It is a life-threatening disease and the survival rates five years after diagnosis are only 6 percent. The forum will provide valuable information on genetics and heredity, research into early detection, prevention, screening and testing, medical and surgical approaches, and survivorship. Advance registration is preferred; call 914-964-4559 or flaudato@rivhealth.org.

For information on more events, visit www.rivhealth.org.
How Democrats Considered Their Options

A candidate for City Council president, and other consolidation, or should have considered, those eight qualified possibilities - including herself:
1. - Terry Jodi
2. - Christopher Johnson
3. - Councilman Michael Salute
4. - Assemblyman James Zordani of Chairmen

Joseph and the Syracuse Directing Chairwoman/ Syma Branch (defeated)
1. - Former Yorkon Democratic Chairwoman - Annapolis
2. - Former Syracuse Democratic Chairwoman - Annapolis

All of them, including a proposal for Democrats to back for council president once the "A" list of candidates for the Fourth District was complete. It was quite clear to us that Democrats were going to be discussing a plan to support the project. The governor?

We have a group that is assembled that is going to work on just this issue. They have been meeting weekly for the past several weeks, and they have looked into a public-private partnership in New York. The Thruway Authority stated that it will have jurisdiction over issuing bonds for the remaining $3.2 billion in costs for the new bridge. The other option to find the remaining cost of a new TZ bridge would be to form a bi-state, or bi-county public-private partnership in New York for the project.

Crisis<br>Crisis<br>Crisis<br>Crisis<br>Crisis<br>Crisis
**Build a Bridge Out of Legos**

"Building Bridges with Legos" will take place Friday, Nov. 29 from 1 to 4 p.m. at the Hudson River Museum, 511 Washington Ave., Yonkers.

Lego-building master Brett Berland of Brick U, Yonkers will build the Brooklyn Bridge, and attendees will be able to make their own Lego mini bridge to take home.

The event is free with museum admission. For more information, go to www/hrm.org or call 914-963-4550.

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**The Next Yonkers City Council**

On Jan. 1, the City Council will welcome two new members who were elected Nov. 5. Council President-elect Liam McLaughlin and Councilwoman-elect Corazon Pineda will join Councilmen Christopher Johnson, Michael Sabatino, John Larkin and Mike Breen.

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**PEACE OF MIND MATTERS**

Want to lock in safe, high fixed-rate lifetime income to supplement your retirement?

A worry-free American Friends of Tel Aviv University Gift Annuity is an excellent choice. You’ll be doing good while you’re doing well, too — strengthening the future of Israel’s leading institution of higher learning and shaping Israel’s leaders of tomorrow.

But our rates will change after December 31, 2013. That’s why it’s important to act now to lock in 2013’s high rates.

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And if you use cash to create your American Friends of Tel Aviv University Gift Annuity, a substantial portion of your annual payments will be tax-free.

For a personalized no-obligation, confidential calculation, please call Ari Wein, our CFO, at 212.742.9038 or email awein@aftau.org.

**Give yourself the gift of peace of mind**

www.aftau.org/cga2013
Red Cross, Yonkers branch, and recently received her Red Cross Pin for 30 years of volunteerism. Lorraine is the 30-year President of the Second Precinct Community Council, where she has written and achieved eight state grants, and plays an active role in Police National Night Out. She also served as president of the Lincoln Park Taxpayers Association, and is a former secretary of the Board of the Lincoln Park Jewish Center. She is also the president of East Yonkers Kiwanis.

Lorraine has been active in Yonkers politics and has served as a Democratic ward leader and is currently a district leader. She was the first woman to receive the Americanism Award from the Yonkers Central Committee of Veterans for her service at their ceremonies, parades and functions.

“Lorraine Palais is a dedicated and tireless worker ready to assist all who need her services and help,” said Mike Breen, the 30-year President of the Second Precinct Community Council.

Silverman founded the NYPD’s Senior Citizen Robbery Unit in 1974 and spent 15 years apprehending criminals who victimized the elderly. He has lectured about child prevention and safety and led the unit in efforts to locate and unite families of seniors who were living alone and who lost touch with their family.

Silverman built an entire career on helping the helpless, and the Senior Citizen Robbery Unit he founded was used as a model in police departments across the country.

Silverman enjoys a love of music and remains physically fit. He has run 28 marathons and was a boxer, as well as a star in track and field where he earned the nickname “Silky” after a Kentucky Derby Horse called Silky Sullivan. The nickname stuck at the NYPD, where he was known for his smooth approach to solving crimes.

Silverman is a member of two synagogues and still gives speeches and presentations on Senior Citizen Safety.

“Irwin Silverman’s love of God, country and his fellow man had molded him into an incredible and caring person,” said Muro. “Truly a role model, I’m pleased to honor him.”

Reichard, a former 22-year veteran of the U.S. Army, was born in Yonkers, attended Catholic High School and received his Bachelor of Science degree in criminal justice and his master’s degree in public administration, both from John Jay College.

In 1956, Reichard joined the U.S. Army and served during the Korean War and the Vietnam War, where he received several medals for valor.

He joined the U.S. Army during the Korean War and joined the New York City Police Department in 1959. He was promoted to detective in 1959 and served in the NYPD for 41 years

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Irwin is known for his dedication and ability to solve high-profile cases, like the arrest and conviction of Alex Houghton in 1991, who was the first serial killer in New York City since the “Son of Sam.” Silverman helped solve the case and was featured in New York Magazine and in the movie “The Alexandra O’Hara Story.”

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